HALFTIME SHOW

GAGA SHOCKS BY NOT SHOCKING

metroLIFE

LIVE 88·5FM
LISTEN NOW
90,000 WATTS

Ottawa metro

VICKY MOCHAMA

'REFUGEES SORTA WELCOME'

metroVIEWS

Your essential daily news | MONDAY, FEBRUARY 6, 2017

High -7°C/Low -10°C Even more snow

KEEP YOUR PROMISE

Protesters call out Trudeau over electoral reform 'betrayal'

metroNEWS

HALEY RITCHIE/METRO

'Turn outrage into action'

IMMIGRATION

Ottawa law students push back on Muslim ban

Haley Ritchie
Metro | Ottawa

A "research-a-thon" might sound like an average day for some grad students, but this weekend students from across Canada committed 12 hours of work to help refugees at the border.

"There's been a huge sentiment of people being outraged, but wanting to turn outrage into action. We just want to help in the best way we can," said first-year law student Uttra Gautam, one of the organizers of Saturday's event in Ottawa.

The students were trying to find legal arguments to oppose a Canada-U.S. policy called the Safe Third Country Agreement. The policy prevents people from claiming refugee status on the land border between Canada and the United States.

The law works on the assumption that the United States is a safe country for refugees, but some refugee advocates say this is no longer the case.

Under the Safe Third Country Agreement, many refugees are required to ask for protection in the first country they arrive in. If they arrive in the United States first and are rejected, they do not have the option to ask for Canadian protection.

In Ottawa students of varying ages and backgrounds gathered on campus to work together on bilingual legal arguments to oppose the agreement.

"It sends a huge message to our own government," said professor Jamie Liew. "There's been a lot of rhetoric about opening our borders and welcoming out refugees, but the law students are seeing through that. They're seeing how the law is impacting things."

The project began at McGill University, but spread to law schools across the country.

The results of the collaborative research project will be shared with the Canadian Council for Refugees. The group is also fundraising for the organization, which advocates on behalf of refugees.

metro NEWS
Your essential daily news

Royal run-off: Prince Harry bests William, Kate in 50m charity sprint in London

Couple find purpose in Africa

GOOD WORKS

Ottawa pair set up school, orphanage and farm for kids

Ryan Tumilty
Metro | Ottawa

> It's already bigger than us and it has to be bigger than, because we're only two people.
> Janine Maxwell

Ian and Janine Maxwell have a 5,000-hen egg barn as part of their project in Swaziland. RYAN TUMILTY / METRO

It takes a village to raise a child and so, Janine and Ian Maxwell have built one.

Ian is originally from Ottawa and the pair is back in the community this week from their new home in Swaziland, where they have built a farm, orphanage and school that is currently looking out for 148 kids under the age of six.

Their faith-based charity Heart for Africa works on child nutrition and education in Swaziland, a country with high infant mortality and HIV rates.

The couple ran a successful marketing company, but in 2001 Janine was in New York during the 9/11 attacks.

She said that was a wake-up call and she wanted to do something larger with her life.

Shortly after that, she took a trip to Africa with some friends and saw a need she could help with.

"It just really changed my life and at the moment I really felt like I could do something," she said.

The something the couple has decided to do is Project Canaan a farm and orphanage on 2,500 acres of land in a rural area of the country.

The farm has a dairy operation that produces enough milk for the 148 children now living there with some left over to sell.

With the help of the Egg Farmers of Canada, they have a chicken barn with 5,000 hens and they also grow crops, but that has been sidelined by drought.

"We are in the worst drought in recorded history," she said. "We had to stop growing food, because there is just no water."

She said the eggs are a vital part of nutrition giving the children protein they otherwise would be hard pressed to get.

In addition to housing the children, the farm also provides employment for 280 people. Ian said their long-term goal is to see all the students graduate high school and be in a position to help Swaziland get out of the cycle of poverty.

"They will have opportunities in a wide range of areas where they can really give back to the country."

Right now the couple's primary focus is an $800,000 project to get more predictable water to the farm so they can resume growing crops. A new child arrives at the orphanage every 12 days and the Maxwells envision one day having more than 500 kids at the site.

She said their goal is to have a charity that is separate from them that helps kids whether they're part of it or not.

"It's already bigger than us and it has to be bigger than, because we're only two people," she said. "It takes a village to raise a child."

Sculptures to give you *shivers*

The winners of the first-ever Canada Cup were crowned for their ice-sculpting skills at the Crystal Garden competition this weekend.

Canadian sculptor Ryan Hill's entry for the individual ice carving section.

A judge examines Valeriy Batalov and Eduard Ponomarenko's sculpture, 'To a Lucky Star.'.

Samuel Girault from France and Michal Mizula from Poland won first place with this sculpture, 'Peace and Love in the World.'

The Philippines' Ross and Antonio Baisas created this gravity-defying sculpture, 'Surfing with dolphins.'

Story and photos by Adam Kveton/ Metro Ottawa

Ice carvers from around the world sawed, sanded, sliced and melted their way to stunning creations for the 30th Crystal Garden competition at Winterlude this weekend.

With participants from the Philippines, Russia, Japan and beyond, sculptures included a mermaid, a peacock, a surfer, a train and much more.

Sculptors competed in single-block, solo and tea competitions.

At stake this year for team competitors were more than the usual accolades. Winterlude is the host of the inaugural Canada Cup of Ice Carving this year. The new competition will rotate annually through Ice Magic in Lake Louise, the Ice on Whyte Festival in Edmonton and Winterlude.

This year's first-place winners were; in single-block, Alexey Andreev from Russia; in solo, Koji Kareki from Japan; and in team, Samuel Girault and Michal Mizula of France and Poland

‘A borderless story’

ART

Artist creating woman’s memoir with large-scale calligraphy

Adam Kveton
For Metro | Ottawa

With countries around the world closing their doors to immigrants and refugees, an Iranian artist has come to Ottawa with “a borderless story.”

Gita Hashemi, a Canadian artist born in Shiraz, Iran, is the first artist to take advantage of Carleton University’s new Open Space Lab. The initiative turns the university’s art gallery into a large working space in between shows, where artists can create something new and big while the public watches.

Hashemi’s live performance entails writing the life stories of another Iranian woman on huge sheets of paper.

The text comes from an ongoing conversation, which focuses on gender and womanhood.

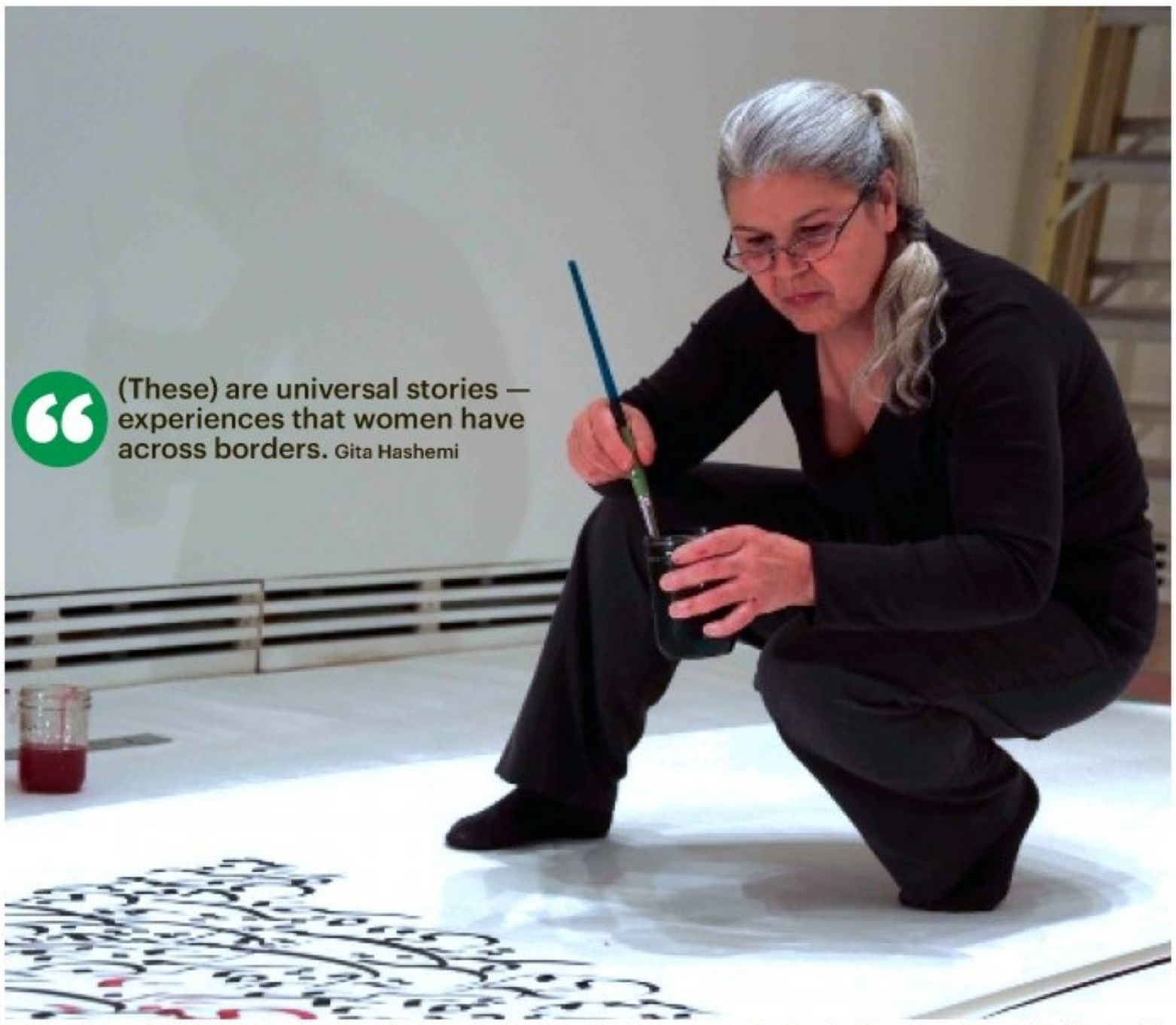
In an effort to keep these very personal stories as intimate as possible, while also very public, Hashemi is writing in Farsi calligraphy, she said.

However, an English translation is being made at the same time, allowing people to see the memoir as it’s being made in its original language, but also to understand it.

This mimics one of the artwork’s major themes: what is particular to a person or culture, versus what is universal.

The stories themselves work in the same way, she said.

“This is an existing person with a specific time, culture, place,” said Hashemi.



Iranian-born artist Gita Hashemi creates the memoir of another Iranian woman using Farsi calligraphy on Thursday. The work is the subject of her ongoing performance piece at the Carleton University Art Gallery. ADAM KVETON/FOR METRO

“(But) she talks about the way, for example, her body image was affected by what she was seeing on television … She also talks about stories of sexual abuse and sexual violence. (These) are universal stories – experiences that women have across borders.”

Despite this message in her work, Hashemi said she is worried to cross the U.S. border, even for her brother’s funeral.

A Canadian citizen, Hashemi said she knows crossing the border shouldn’t be an issue. However, attempting to do the same in 2001 has taught her caution.

She said, while trying to fly from Pearson International Airport to an art exhibition in the U.S., she was interrogated five times, and her laptop was searched.

“I don’t know that I’m prepared to experience that again,” said Hashemi.

Her performance art continues at the Carleton University Art Gallery from Tuesday to Saturday, 11 a.m. to 2 p.m..

TELEVISION

Organizer pushes to save TVO broadcasts

Haley Ritchie
Metro | Ottawa

An Ottawa man has started a petition to ask TVO to continue over-the-air broadcasts in the region, after the station announced it plans to end transmission outside the GTA.

“It really bugs me that a public broadcaster will be completely inaccessible outside Toronto,” said Bob LeDrew, who created the online petition last Tuesday.

LeDrew hasn’t paid for cable since the 1990s, but uses a digital antenna to access basic channels including CTV, Global, TVA, CBC, and TVO.

“This isn’t going to change without a public outcry saying it needs to change,” he said. “Where I draw the line is the public broadcasters. I think they have a duty to make the content that taxpayers pay for available in a free way.”

Now his petition has 827 supporters, and LeDrew plans to deliver it to Premier Kathleen Wynne and Minister Of Education Mitzie Hunter after he reaches 1000 signatures.

LeDrew said the cost of internet bandwidth means that making content available online doesn’t count.

He said he understands why the broadcaster is keeping their transmission in the GTA — they are required to do so under CRTC regulation and the area is densely populated.

The decision is still angering citizens in southern Ontario and Ottawa.

“When it comes down to how that looks to the rest of the province, it doesn’t create an image that’s particularly helpful to them,” said LeDrew.

TRAIN FOR A CAREER IN
HEALTH CARE!
✔ Fitness and Health Promotion
✔ Medical Office Assistant
✔ Medical Lab Technician
✔ Personal Support Worker
✔ Pharmacy Technician
CLASSES STARTING SOON
CONTACT US TODAY
613-722-7811

ALGONQUIN CAREERS ACADEMY
1830 Bank St, at Walkley station
www.algonquinacademy.com

After 70 Years in Ottawa
ELGIN SPORTS IS CLOSING
Storewide Clearance on now
EVERYTHING MUST GO!
40% OFF All Footwear | 50% OFF All Clothing | 50% OFF All Accessories
(all discounts based on reg. price)
ELGIN SPORTS
250 Albert St at the corner of Bank St
613-563-3999 • elginsports.ca

ELECTION REFORM

Protests target Trudeau reversal

Haley Ritchie
Metro | Ottawa

Prime Minister Justin Trudeau's decision to abandon electoral reform drew a harsh reaction on Parliament Hill Sunday.

The protest was attended by around 150 people from a variety of organizations, gathered on Parliament with signs reading "perform on reform" and "Will your vote count?"

Some protesters focused on the problems they see in the current first-past-the-post system. Others took personal digs at the Prime Minister, calling on Justin Trudeau to "keep his promise" and calling the change in policy "a betrayal."

Speakers included young organizers frustrated about the lack of change, as well as former candidates affected by strategic voting and NDP critics.

"Not only do your votes not count, but some people are forced to change their vote because they want the lesser evil. They're still electing evil, but it's the lesser of two," said Andrew West, former Green Party candidate for Kanata-Carleton. "That's not the system we want."

> **You turned an angry text message into a movement.**
> Elizabeth Whitaker

The Trudeau Liberals campaigned heavily on a commitment to change the electoral system. Last week, the government announced it was no longer a priority, citing low interest in polls.

On Saturday people across the country plan to rally in larger demonstrations again to demand electoral reform.

The protest on Sunday kicked off a week-long campaign of organized events for the "National Week of Action on Electoral Reform."

Sunday's Parliament Hill kick-off was organized by two students from Ottawa; Elizabeth Whitaker, 18, and Daniel Rae, 20.

Whitaker said they were inspired to create a Facebook event after seeing the announcement on the news.

"I just wanted to say thank you to everyone who came out today," she told the crowd from the steps of the Hill. "You turned an angry text message into a movement of people who can get something done."

Cat's out of the bag on new Hintonburg café

ANIMAL RESCUE

Location chosen for feline hot spot to open in April

Adam Kveton
For Metro | Ottawa

Ottawa's cat café entrepreneur has her paws on a location.

Josée Cyr announced just a few days ago that her cat café, expected to open in April, will be located at 1076 Wellington St. W. in Hintonburg.

"It's really exciting," said Cyr. "I keep getting messages from people encouraging me, and it's really exciting to see it coming together."

Feline Café will have six or more rescue cats to cuddle with, along with vegan food, coffee and drinks.

In partnership with the Ottawa Stray Cat Rescue, people will be able to adopt cats from the café as well, though Cyr said she hopes the café will be a "dream home" of its own for felines.

"If you were a cat on the street, this is where you want to end up," she said with a smile, as one of her own cats came up to say "Hi" during the interview.

> I keep getting messages from people encouraging me, and it's really exciting to see it coming together. Josée Cyr

Though there remains more than a month before the planned opening, Cyr said just getting to this point has been a long process, complete with extensive conversations with Ottawa Public Health.

Though The Purrfect Café already exists in Ottawa, offering a once-a-month cat meet-up with coffee and tea, Cyr's daily, for-profit business had a few more health hurdles to jump through.

To satisfy those, all food and drinks will be purchased in one part of the café where people can sit and talk, while the cats will be in a dedicated cat room, where customers can go to get their purr therapy and sip their drinks.

Cyr got started on her cat café after visiting several of them in Thailand and Montreal.

A long-time animal lover, Cyr said she couldn't wait to adopt her own cats once leaving home, since her parents had allergies.

Now with three, and a rabbit, Cyr said she's combined her love of animals and knowledge in food and entrepreneurship to launch the café.

In addition to providing a peaceful, comfy place for homeless cats to get some much-needed attention, Cyr said the café should be a great place for people who can't own a cat of their own to get some kitty cuddles.

Feline Café entrepreneur Josée Cyr and one of her three cats, Tut, share some morning snuggles at her home on Feb. 2. Cyr is preparing to open Ottawa's first daily cat café in Hintonburg in April. ADAM KVETON/FOR METRO

JOBS

Public service commission uses the Force to lure applicants

Ryan Tumilty
Metro | Ottawa

The Force is apparently strong with the Public Service Commission of Canada.

The agency posted a new job advertisement last week asking for anyone interested in becoming a software developer, or as they put it, a "Programming Jedi."

Denis Skinner, the commission's chief information officer, said they're always looking for new ways to attract candidates and want to make sure their ads cut through the clutter (with or without a lightsaber).

"We are experimenting with more innovative and understandable job advertisements that will help us attract the right candidates," he said.

He said they want people reading job advertisements to not only be informed about the job, but to also be excited for the opportunity.

"We've tried to write this poster in an appealing way using plain language to describe the job and also highlight some of the benefits of working for our department," he said.

The job's benefits listed in the ad include the salary of between approximately $66,000 and $81,000, but also sitting or standing desks and active work stations with treadmills and stationary bikes.

The posting also mentions the office's central location in downtown Gatineau with convenient access to trails.

Skinner said those details let prospective candidates know there are options and benefits.

"Standard job posters don't usually mention things like a modern workplace with Wi-Fi or active workstations."

The job closes on February 20.

$1,800 WEIGHT LOSS GRANT

Do You Have More than 20 lbs to Lose?

Valid For Most Weight Loss Programs

- Apply Now - Acceptance is Guaranteed!

- No Cost or Fee to Apply
- Approval within 48 Hours
- Thousands Paid Monthly!
- See Website for Application Deadline.

www.weightlossgrants.org

Recent Grant Recipients:

Holly Williams, Oshawa, ON, $1800 - Andrea Rewutzsky-Gardin, Brooklin, ON, $1016 - Karina Perez, Mississauga, ON, $1,209 - Sandra Feliz, Newmarket, ON, $980 - Linda Galluccio, Vaughan, ON, $1,631 - Krystina Marolias, East York, ON, $1,328 - Robin Turner, Ajax, ON, $613 - Elisha Lee, Toronto, ON, $731 - Haji Makki, Kleinburg, ON, $980 - Wendy Reardon, Scarborough, ON, $1,585 - Barbara Birch, Sicamous, BC, $955 - Deborah Sproule, Mission, BC, $960 - Jenny Bailey, Okotoks, BC, $600 - Ann Rusch, Williams Lake, BC, $1,690 - Theresa Kitt, Kamloops, BC, $1,440 - Larry Bowhay, Calgary, AB, $1,055.

Please visit www.weightlossgrants.org for full Guidelines, Terms & Conditions.

Hundreds of Quebec City residents marched on Sunday, a week after the mosque shooting that killed six. **Clockwise from left:** A minute of silence is observed; people pray at Laval University before the march; and Hajar Djilali-Merzoug, 7, left, and sister Affafe hold handmade signs. JACQUES BOISSINOT/THE CANADIAN PRESS

'No to violence, no to hate'

MOSQUE ATTACK

March held in Quebec City to remember victims

One week after six of their own were gunned down in a deadly attack, worshippers from a Quebec City mosque led hundreds of residents on a march to promote unity and tolerance on Sunday.

After a six-kilometre walk under snowy skies, mosque president Mohamed Yangui read a message he said was written by the family of the victims of the tragedy.

"My brothers and sisters, you are our family," it began.

"Thank you to our community who came from Montreal, from Sherbrooke, from Ottawa in Ontario and elsewhere."

The message went on to thank Quebec City officials and first responders as well as Quebecers and Canadians for their sympathy and support in the week since the massacre.

"Thank you everyone, for your sympathy and your love," Yangui read.

The march began at Laval University, where one of the victims taught, and made its way down one of the city's main streets to Quebec's legislature.

The crowd grew as the march progressed, as people from the sidewalks linked arms with the marchers and joined in chanting slogans such as "All Canadians! All Quebecers!" and "No to violence, no to hate."

Ali Dahan, a former diplomat, said he was marching in memory of his friend Azzedine Soufiane, who was among the six men who were gunned down during evening prayers the week before.

He said he'd seen Soufiane, a grocer and father of three, the day before the shooting.

"He was so kind and he was interesting, everything that was peace and love," he said. "I couldn't believe the next day he was dead."

One woman, who gave her name as Fatima, struggled to find the words to explain the loss suffered by the community.

"It will always be painful because what happened cost us so dearly," she said. "It's as if (the shooter) chose the stars of our community."

The six victims, aged between 39 and 60, were killed when a gunman stormed the mosque and opened fire on men who were attending prayer. Several others were wounded.

THE ACCUSED

Alexandre Bissonnette
27, faces six counts of first-degree murder and five of attempted murder using a restricted firearm.
He is due to appear before a judge this month on the allegations, which haven't been tested in court.

Organizer Reda Kada said the march was a way for members of the Muslim community to reach out to thank Canadians and Quebecers for messages of solidarity they've received over the past week.

He also said it was important to build on the goodwill of the past week to create lasting change.

"We want to prove to everybody that we want to stay here and work with the people of Quebec for peace and unity," he said.

One of the organizers, Smail Kalla, announced that the last of the six victims had been buried in Montreal on Sunday. He said burials for other victims took place over the weekend in Morocco, Algeria and Tunisia.

THE CANADIAN PRESS

HALIFAX

Student compiles @Trump_Regrets

A Nova Scotia university student who has been collecting tweets of disillusioned Donald Trump voters has attracted quite a celebrity following, including billionaires, Hollywood personalities and sworn Trump-nemesis Rosie O'Donnell.

Reality show investors Mark Cuban and Chris Sacca, actress Olivia Wilde and Chaz Bono are also amongst 193,000 Twitter users following @Trump_Regrets.

Érica Baguma, a 23-year-old social anthropology student at University of King's College in Halifax, curates the account in between classes. The Twitter feed features posts from Americans who say they cast their ballots for Trump but now feel "ashamed," "embarrassed" and "disappointed" with the new president, some calling their vote "the biggest regret" of their life.

Erica Baguma THE CANADIAN PRESS/HANDOUT

The idea came to Baguma while scrolling through social media to see how Trump supporters were reacting to the president-elect's reversal on his campaign promise to appoint a special prosecuter to look into Democratic rival Hillary Clinton's use of a private email server.

"I was shocked to see there were so many people feeling betrayed by him," Baguma said in an interview. "I decided to keep track of all of it.... It's always increasing."

THE CANADIAN PRESS

CALL CENTRE AGENTS NEEDED

NOW HIRING

EXPERIENCED SALES & FUNDRAISING STAFF

FLUENT ENGLISH IS A MUST!

Contact Keith O'Connell
Phone: 1-800-210-8579 ext 291
Email: keith.oconnell@imkgp.com

- Earn up to $700+ a week with guaranteed hourly wage + daily and weekly performance bonuses.
- Paid every Friday
- New state of the art call centre
- Great location in downtown Ottawa near Gatineau
- Advancement opportunities
- Full time and Part time available
- Seniors and Students Welcome

MARKETING

Canada digest

Friends remember Toronto filmmaker who died on dive
A Toronto filmmaker who was found dead days after he went missing while diving off the coast of Florida is being remembered by his sister as a community-builder who brought about global change.

Rob Stewart's body was found in the Florida Keys Friday, 90 metres from where he disappeared during a dive on earlier in the week. His remains were found after an extensive search, for which nearly $200,000 was raised.

Ambrose vacationed on friend's yacht during Trudeau scandal
The Conservatives confirm their interim leader took a Caribbean vacation on a billionaire's yacht around the time members of her caucus were criticizing Prime Minister Justin Trudeau for vacationing on a private island owned by the Aga Khan.

A spokesman for Rona Ambrose verified an iPolitics report she and her partner J.P. Veitch were aboard the yacht of energy mogul Murray Edwards last month.

Anticipated disabilities act to focus on employment
The minister tasked with crafting laws to make Canada more accessible to people with disabilities says employment will be a key focus of her efforts.

Carla Qualtrough, minister of sport and persons with disabilities, says removing accessibility barriers will be crucial to tackling long-standing low jobless rates among the disabled. She hopes to have the Canadians with Disabilities Act before Parliament by this time next year.

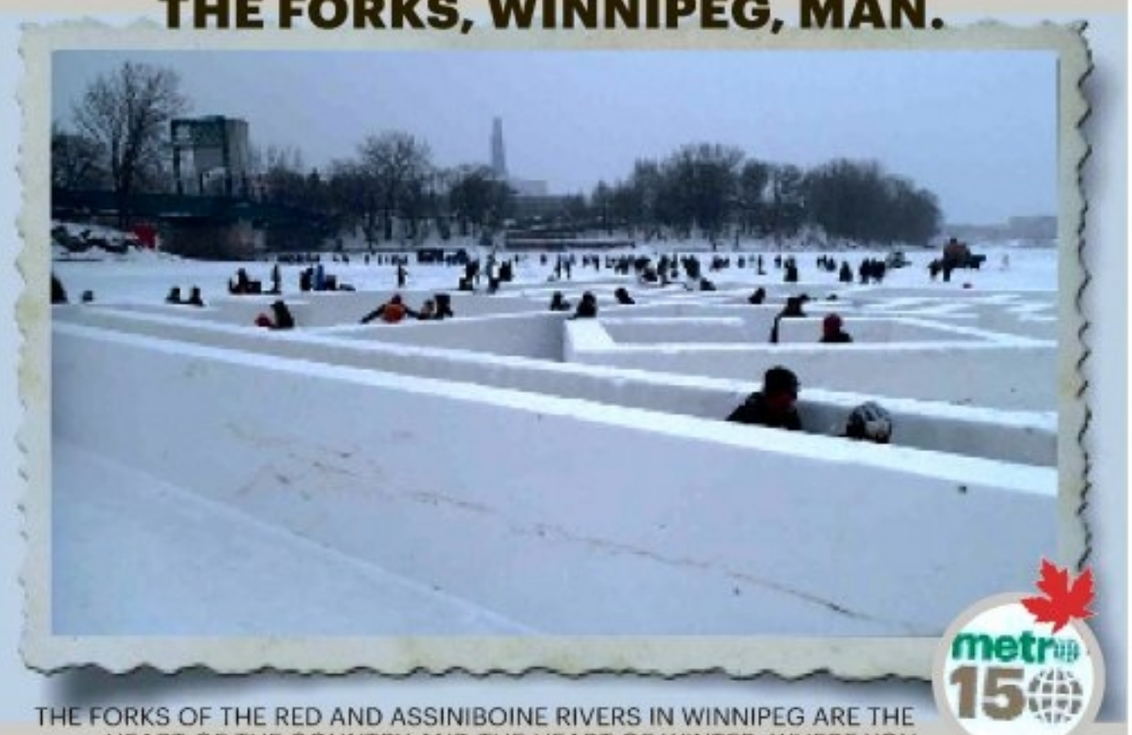
Military phases out relief effort in New Brunswick
The military is phasing out its presence in New Brunswick as power steadily returns to the storm-ravaged Acadian peninsula.

The Canadian Armed Forces said in a statement Sunday that conditions in parts of the province have improved to point where military support is no longer necessary. Some troops will remain to assist the relief effort in communities still suffering from the aftermath of last month's ice storm. THE CANADIAN PRESS

150 WAYS of looking at Canada

POSTCARD #6

THE FORKS, WINNIPEG, MAN.



THE FORKS OF THE RED AND ASSINIBOINE RIVERS IN WINNIPEG ARE THE HEART OF THE COUNTRY AND THE HEART OF WINTER, WHERE YOU CAN "WALK ON WATER." LAST WINTER SKATERS GLIDED THROUGH AN ON-ICE MAZE WITH THE TOWER OF THE MUSEUM OF HUMAN RIGHTS IN THE BACKGROUND. **GREG PETZOLD**

SEND US YOUR POSTCARD Each day until July 1, Metro will feature one reader's postcard in our editions across the country, on Metronews.ca and our 150postcards Instagram page. You can get involved by sending us a photo of your favourite place in Canada along with 25 to 50 words about why that place is special to you. You can email us at **scene@metronews.ca** or post to Instagram or Twitter with the hashtag **#150postcards**.

Pain should not be just a pill problem

MEDICINE

Experts and patients argue drugs not the only option

Lynn Cooper wanted to be an urban planner as a university student. But her dream came to an abrupt end with a workplace accident, sentencing her to a life of curtailed ambitions and chronic pain.

Thirty years later, Cooper said it's hard for anyone who hasn't experienced long-lasting pain to understand what it's like.

"Everything about you is impacted by unrelenting and undermanaged pain," said Cooper, president of the Canadian Pain Coalition. "There's always the stigma that's attached to it that you're a complainer, a drug-seeker or a malingerer, and if you just tried harder and got over yourself you would be fine."

Cooper is one of a growing number of voices calling on Canada to overhaul its approach to pain management in order to better support alternative treatments that depart from the current overreliance on opioid therapy, which she said is shortsighted and unsafe.

The call for change comes as the death toll from the illicit overdose crisis involving opioids climbs across the country.

> **Opioids are not good treatment for long-term pain. Full stop.**
> Dr. Jane Ballantyne

Dr. Fiona Campbell, a pediatric anesthetist at Toronto's Hospital for Sick Children, categorizes pain management into three silos, which she calls the "Three Ps" approach: pharmacological, physical and psychological.

The first refers to drugs, the second to treatment such as massage and physiotherapy and the third includes cognitive behavioural therapy and mindfulness.

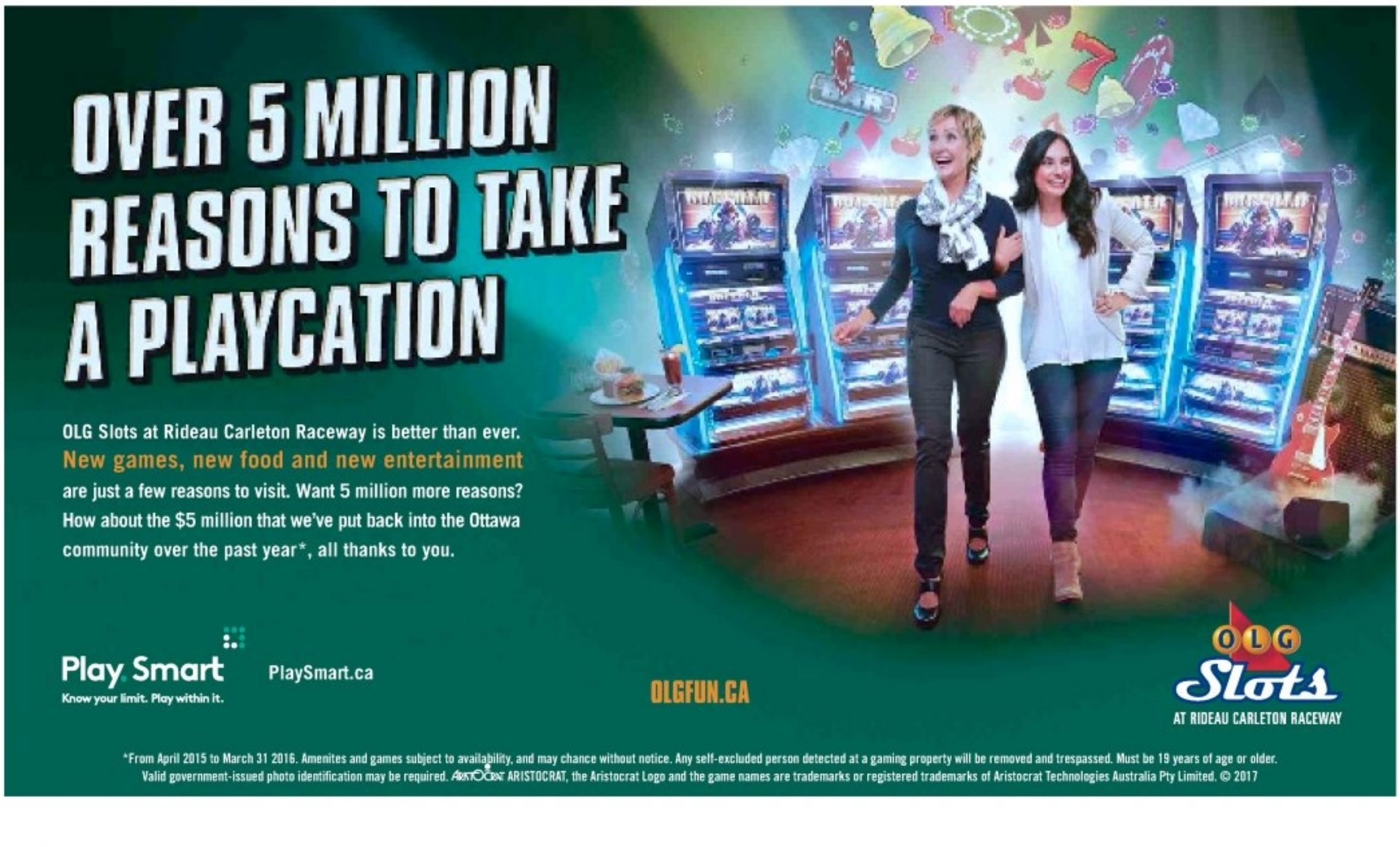
While opioids and other pharmacological strategies tend to receive the most financial support, better coverage is needed for the other, non-drug treatments, many of which have evidence-based backing, she said.

"I feel quite strongly that these services should be provided by provincial health-insurance plans ... because they work, they're healthy, they promote resilience and they're preventative. I don't see a downside," said Campbell, who is also the president-elect of the Canadian Pain Society.

Dr. Jane Ballantyne, a professor of anesthesiology and pain medicine at the University of Washington in Seattle, was one of the first to sound the alarm about the dangers of opioids.

"The main thing is to get the message across that opioids are not good treatment for long-term pain, that they don't have good long-term outcomes. Full stop," she said. "They're not safe."

Ballantyne and other experts emphasize, however, that opioids remain an important tool for certain situations, such as acute-pain management. THE CANADIAN PRESS


OVER 5 MILLION REASONS TO TAKE A PLAYCATION
OLG Slots at Rideau Carleton Raceway is better than ever.
New games, new food and new entertainment
are just a few reasons to visit. Want 5 million more reasons?
How about the $5 million that we've put back into the Ottawa community over the past year*, all thanks to you.
Play Smart
Know your limit. Play within it.
PlaySmart.ca
OLGFUN.CA
OLG Slots
AT RIDEAU CARLETON RACEWAY
*From April 2015 to March 31 2016. Amenites and games subject to availability, and may chance without notice. Any self-excluded person detected at a gaming property will be removed and trespassed. Must be 19 years of age or older.
Valid government-issued photo identification may be required. ARISTOCRAT, the Aristocrat Logo and the game names are trademarks or registered trademarks of Aristocrat Technologies Australia Pty Limited. © 2017

Travellers touch down in U.S. as restrictions lifted

IMMIGRATION

Visa and green card holders from affected countries arrive

Travellers from the seven predominantly Muslim countries targeted by U.S. President Donald Trump enjoyed tearful reunions with loved ones in the U.S. on Sunday after a federal judge swept the ban aside.

Airlines around the world allowed people to board flights as usual to the United States. One lawyer waiting at New York's Kennedy Airport said visa and green-card holders from Iraq and Iran were encountering no problems as they arrived.

"It's business as usual," said Camille Mackler, of the New York Immigration Coalition.

Fariba Tajrostami, a 32-year-old painter from Iran, came through the gate at Kennedy with a huge smile and tears in her eyes as her brothers greeted her with joyful hugs.

"I'm very happy. I haven't seen my brothers for nine years," she said.

Tajrostami had tried to fly to the U.S. from Turkey over a week ago but was turned away.

"I was crying and was so disappointed," she said. "Everything I had in mind, what I was going to do, I was so disappointed about everything. I thought it was all over."

Tajrostami said she hopes to study art in the U.S. and plans to join her husband in Dallas soon. He moved from Iran six months ago, has a green card and is working at a car dealership.

Mohamed Iye holds his daughter Nimo, 4, as he was reunited with his wife Saido Ahmed Abdille and their other daughter Nafiso, 2, at Minneapolis-Saint Paul International Airport after they arrived from Amsterdam on Sunday. The Somali-American family was reunited after U.S. President Donald Trump's travel ban came under a legal challenge. JERRY HOLT/STAR TRIBUNE/THE ASSOCIATED PRESS

> **It's business as usual.**
> Camille Mackler

Similar scenes played out across the U.S. two days after a judge in Washington state suspended the president's travel ban and just hours after a federal appeals court denied the Trump administration's request to set aside the ruling. The U.S. cancelled the visas of up to 60,000 foreigners in the week after the ban on travel from Syria, Iraq, Iran, Sudan, Somalia, Libya and Yemen took effect, according to the State Department. Trump also suspended nearly all refugee admissions for 120 days and barred Syrian refugees indefinitely.

The order triggered protests and a multitude of legal challenges around the country and blocked numerous college students, researchers and others from entering the U.S.

Mahsa Azabadi, 29, an Iranian-American who lives in Denver, was forced to put her wedding plans on hold after her fiance, Sorena Behzadfar, was turned away when he tried to board a plane to travel from Iran to the U.S. on Jan. 28.

Over the weekend, though, Behzadfar was cleared for travel and was expected to arrive at Boston's Logan Airport on Sunday afternoon.

"It's been a really tough week to figure out what will happen to us," said Azabadi, who has lived in the U.S. for 11 years and is now a U.S. citizen.

The couple are hoping to keep their wedding date of May 12.

"Seeing the support from the lawyers and different people trying to help, it was really nice," she said. "We want to be the best and do the best for the people and for this country. We would love to have the opportunity."

Lebanon's National News Agency said airlines operating out of Beirut also began allowing Syrian families and others affected by the ban to fly. Beirut has no direct flights to the U.S.; travellers have to go through Europe. THE ASSOCIATED PRESS

White House predicts courts will reinstate ban

Rebuffed in its bid for a quick reversal, the White House said Sunday it expected the courts to reaffirm U.S. President Donald Trump's executive power and reinstate a ban on refugees and travellers from seven predominantly Muslim countries from entering the United States.

The case promised to extend into Monday at least, when fresh legal filings were due, and observers had no doubt the Supreme Court ultimately will have a say.

The San Francisco-based 9th U.S. Circuit Court of Appeals, in a brief order overnight, denied the administration's request to set aside a Seattle judge's ruling that put a temporary hold on the ban nationwide.

The lawsuit by Washington state and Minnesota said Trump's order harmed residents and effectively mandated discrimination. Their lawyers had until 2:59 a.m. EST Monday to submit briefs opposing the government's request. The Justice Department then had a 6 p.m. EST deadline to respond.

Members of Trump's Republican Party scolded him for Twitter attacks on U.S. District Court Judge James Robart, appointed by president George W. Bush, and accused Trump of stepping over the line that separates the executive from the judiciary. To Trump, Robart is a "so-called judge" whose "ridiculous" ruling "will be overturned."

U.S. President Donald Trump lashed out against **U.S. District Judge James Robart** Sunday for putting the ban on hold. THE ASSOCIATED PRESS; AFP/UNITED STATES COURTS

Trump renewed his Twitter attacks against Robart on Sunday. "Just cannot believe a judge would put our country in such peril. If something happens blame him and court system. People pouring in. Bad!" He followed with another tweet saying he had instructed the Homeland Security Department to check people coming into the country but that "the courts are making the job very difficult!"

Vice-President Mike Pence defended Trump, saying "the president can criticize anybody he wants." Pence added that he believes the American people "find it very refreshing that they not only understand this president's mind, but they understand how he feels about things."

In his ruling, Robart said it was not the court's job to "create policy or judge the wisdom of any particular policy promoted by the other two branches," but to make sure that an action taken by the government "comports with our country's laws." THE ASSOCIATED PRESS

Global digest

FRANCE

Far-right French candidate calls election 'choice of civilization'

French far-right candidate Marine Le Pen blasted the "two totalitarianisms" of globalization and Islamic fundamentalism Sunday in a speech formally launching her presidential campaign that hit all the right chords for her National Front party followers.

"We do not want to live under the rule or threat of Islamic fundamentalism. They are looking to impose on us gender discrimination in public places, full body veils or not, prayer rooms in the workplace, prayers in the streets, huge mosques ... or the submission of women," she said.

TURKEY

Turkish police detain over 440 people

Turkey's anti-terrorism police have detained over 440 people for alleged links to Daesh, the state-run news agency reported Sunday.

The Anadolu Agency said 60 suspects, the vast majority of them foreigners, were taken into custody early Sunday in Ankara. It said a total of 445 people were detained in simultaneous pre-dawn police operations that spanned several cities, including Istanbul and Gaziantep, near the border with Syria.

IRAN

Iran says shipment will boost its supply of uranium

Iran's nuclear chief says it will have 60 per cent more stockpiled uranium than it did prior to the landmark 2015 agreement with world powers after a shipment expected later this week.

Under the nuclear accord, Iran's import of uranium is supervised by the International Atomic Energy Agency.

EGYPT

Islamic authority rejects move to reform divorce

Egypt's top Islamic authority on Sunday rejected President Abdel-Fattah el-Sissi's suggestion that legislation be adopted to invalidate the practice of Muslim men verbally divorcing their wives.

It marked a rare instance of a public institution contradicting the president. Muslim women in Egypt cannot verbally divorce their husbands but can apply for divorce in a court of law. THE ASSOCIATED PRESS

Suspect in Louvre attack stays silent

FRANCE

Family of suspect says he didn't have 'political views'

An Egyptian man suspected of charging soldiers at Paris' Louvre museum with a machete was questioned by French investigators Sunday for the first time since the attack.

The Paris prosecutor's office said the suspect, who allegedly shouted "Allahu akbar!" while rushing toward the soldiers and was shot four times after slightly injuring one, remained silent during the interview and will remain in custody.

The Louvre was closed immediately following the Friday attack, but reopened for the weekend.

French authorities so far have not named the suspect, but confirmed they thought he was Egyptian.

A French soldier patrols in the courtyard of the Louvre museum in Paris on Saturday. KAMIL ZIHNIOGLU/THE ASSOCIATED PRESS

They are being more cautious than their Egyptian counterparts, who have identified the attacker as 28-year-old Abdullah Reda Refaie al-Hamahmy.

Hamahmy's father spoke out Saturday to say that his son is not a terrorist, but a family man who led a normal life with his wife and infant son. Reda Refaie al-Hamahmy told The Associated Press late Saturday that he trusts the French judiciary to find out the truth behind his son's alleged involvement in the attack.

"He is a very respectable man who never had a problem with anybody, he never had any sort of political views," the father said at the family home in the Nile Delta city of Mansoura.

"His main concern in his life was his work in the United Arab Emirates," he said, adding that his son had gone to France on a "work assignment."

Abdullah has lived in Dubai for the past five years, employed by what his father said was a law firm.

Ibrahim Youssry, a close friend of Abdullah al-Hamahmy, said his behaviour on the day of the attack did not betray any intention to commit an act of violence.

"Before the attack, he commented on one of our friends' pictures on Instagram and liked some (other) pictures. He also called his father and asked him what to bring for him from France. All this contradicts the French story," said Youssry.

Two Egyptian officials said Sunday that local security agencies were continuing to gather information on Abdullah al-Hamahmy to help establish if he was a member of any militant groups or had been radicalized.

"His tweets show a radicalized person. He supports the Daesh and other extremists in Syria," said the official. THE ASSOCIATED PRESS

ROMANIA

Law repealed after mass protests

The largest anti-government crowds since the violent 1989 revolution that toppled dictator Nicolae Ceausescu succeeded Sunday in pressuring Romania's new government to repeal a hastily adopted decree that would have eased penalties for official corruption.

The law, opposed by the influential Romanian Orthodox Church, would have weakened the country's emerging anti-corruption effort, which has begun to make progress against a ruling culture accustomed to acting with impunity.

The government backed down Sunday following six days of street protests, but plans to introduce another version of the law in Parliament, where it would be debated and possibly passed.

The late-night introduction last week of an emergency ordinance to turn a blind eye toward abuse in office by officials if the amount involved was less than about $48,500 provoked a lightning response from Romania's civil society.

Nightly throngs in Bucharest and other major cities pit angry citizens who believe a modern, pro-European Romania must not condone corruption in high places against a moneyed elite that stands to benefit, if the law eventually passes. THE ASSOCIATED PRESS

AFGHANISTAN

Avalanches kill at least 54

Avalanches in Afghanistan have killed at least 54 people in the last three days, officials said Sunday.

Omer Mohammadi, spokesperson for the Afghan state minister for disaster management and humanitarian affairs, said that more than 50 others have been injured in different parts of the country, updating an earlier toll.

He said more than 150 homes have been destroyed by the avalanches. THE ASSOCIATED PRESS

SEE NOW.
PAY IN
2018.

Book a free consultation at 1-855-301-2020
or lasikmd.com

LASIK MD
VISION

$0 Down. $0 Payments. 0% Interest.*

*Subject to credit approval. Only applicable towards a Custom LASIK/Custom All-Laser procedure (including Laser PresbyVision™ and lens implant procedures) for both eyes completed by February 28, 2017. Cannot be combined with any other offer or discount. Offer subject to change without prior notice.

metro VIEWS
Your essential daily news
Monday, February 6, 2017

URBAN ETIQUETTE ELLEN VANSTONE

THE QUESTION

At what point does the responsibility of visiting parents no longer fall solely on the child?

Dear Ellen,

After living on the East Coast for a number of years, I moved back to Toronto, a few hours from my parents' home, and have been able to visit more often on holidays and birthdays. I don't own a car, so I need to rent one and take a day off work to make the trip. For the first few years I was happy to do it, but as I've taken on more responsibility at work and gotten involved in the community, it's more difficult to find the time or energy. My parents, meanwhile, haven't visited me since I moved back, even though they're retired and have visited family near me, and know they're welcome. This past Christmas, I didn't go home, and explained why, but they're still complaining about it. Ellen, at what point does the responsibility of visiting no longer fall solely on the child? At what point does it become the responsibility of the parents and the child to both make an effort?

Calvin, Toronto

Dear Calvin,

Your logic is infallible vis-à-vis asking for a fair division of labour when it comes to reciprocal family visits.

Unfortunately, the rules of neither logic nor fairness apply to parent-child relationships. You and your folks could argue till the cows come home about whether you should come home, too. But until scientists feel it's safe to stop irrefutably proving climate change, and start working on an algorithm for "number of diapers changed back in the day" versus "filial time owing now," the people who raised you are going to have the moral high ground in this and virtually every other point of contention.

The only relevant question is what kind of relationship you want with them going forward.

In short, unless or until you have a family of your own to claim you on family holidays, I suspect your parents will persist in the crazy notion that, since they raised you, with all the attendant joys and sorrows that entailed, the least you can is drag your sorry, ungrateful a— home on major holidays.

So let go of the argument. It's not a matter of who's right, or whose responsibility it is to make the trip. The only relevant question is what kind of relationship you want with them going forward.

If you feel OK about your decision to skip holidays at their home, relax and let them gripe. You've explained your position and whether they accept or understand it or not, at least you have respectfully made the terms clear.

And if you feel guilty or angry to a degree that is interfering with your own enjoyment of staying put, because you know they are terribly hurt or upset by your absence, then you might want to go home for your own sake, and sanity.

What you must not do, under any circumstances, is drag your sorry a— home in a welter of grudging resentment. Poisoning the atmosphere with passive-aggressive misery will ruin it for everyone, which is very bad manners indeed.

Need advice?
Email Ellen:
scene@metronews.ca

VICKY MOCHAMA

We need to deepen our understanding of the lives of black Muslims

In the aftermath of the attack on the Centre Culturel Islamique Québec, we must understand how racism overlaps with religious intolerance. All six of the murdered men in Quebec came from North Africa, yet the popular imagining of Muslims doesn't often include African and black Muslims. It also often doesn't include Asian and white Muslims. (In the last decade and a half especially, this exclusion of other races within Islam has created a dangerous stereotype.)

While I believe the national commitment to assisting refugees is entirely worthy, I can't help but notice that the images and stories we often see of the global refugee crisis is of Syrian refugees being assisted by Canadians. Meanwhile, the images of refugees in camps and on boats include a vast number of black refugees.

In fact, according to the Canadian Border Services agency, the number of overland border crossings made by asylum seekers has gone up from 4,407 in 2015 to 7,022 in 2016. At the Emerson crossing in Manitoba, a majority are originally from Somalia — one of the seven countries on President Donald Trump's executive order. The order only further puts Somali and black Muslims in danger.

The outpouring of affection and attention towards the nation's Muslims will be matched by Islamophobic attacks. It's an incredibly unfair burden — to be grieving, yet on the defence. For black Muslims, this burden has been borne for a long time.

Alleviating the burden is what inspired Lali Mohamed, a non-profit professional, to set up an evening for black Muslims to gather this past Saturday in Toronto. "Muslims don't ever get a space to just grieve," he says, "Whenever our lives are taken, we have to prepare for Islamophobia."

For black Muslims, especially, he says it's an ongoing condition. The first time he set up a similar event was in response to the death of Abdirahman Abdi, a Somali man, after a confrontation with Ottawa police.

For Mohamed and many others in Canada, Islamophobia often intersects with anti-black racism. Says Mohamed, "Black Muslims are constantly in mourning — grieving for the loss of life for our community members or we are mourning and grieving the way this country has relegated us to the margins."

Flattening complex groups with their own histories into a singular image is one of the ways that race is constructed. To be black and Muslim then is to be a member of two groups at the margins. It is also to find your community rendered invisible when it most needs to be seen.

While community advocates like Mohamed create safe spaces for their own to mourn and commune, it is essential that we deepen our understanding of the lives of black Muslims.

Refugees Welcome must not end up meaning: Well, Not Those Refugees.

metro
Your essential daily news
CHIEF OPERATING OFFICER, PRINT
Sandy MacLeod
VICE PRESIDENT & EDITOR
Cathrin Bradbury
EXECUTIVE VICE PRESIDENT, REGIONAL SALES
Steve Shrout
MANAGING EDITOR OTTAWA
Matt LaForge
ADVERTISER INQUIRIES
adinfoottawa@metronews.ca
General phone 613-236-5058
FREE TO SHARE

PHILOSOPHER CAT
by Jason Logan

Philosopher cat now at www.mymetrostore.ca

metro LIFE

Your essential daily news

"No one was sad!" Melissa McCarthy's Sean Spicer impression steals the show on SNL

No strings attached to Gaga's routine

KEVIN C. COX/GETTY IMAGES

TELEVISION

Super Bowl ads were more political than halftime show

While many expected Lady Gaga to make a political statement during her much-hyped Super Bowl halftime show, the singer stuck to doing what she does best: putting on a visually stunning physical performance without missing a note.

Gaga started off by singing a medley of "God Bless America" and "This Land is Your Land," and reciting the Pledge of Allegiance (which some may see as subversive) before she dove off the roof and onto the field. She performed trapeze stunts in the air while suspended by wires.

She sang all of her hits including Telephone, Born This Way, and Bad Romance, before jumping off the stage to conclude the concert.

Meanwhile, one Super Bowl commercial did generate controversy: Budweiser's ad featuring the story of its immigrant co-founder grabbed attention Sunday, with some calling for a boycott on the beer brand for being "political."

Many others were quick to defend the ad and poke fun at the absurdity of the #boycottbudweiser attempt.

The ad chronicles the story of Adolphus Busch's journey in the 1850s from Germany to the U.S., where locals tell him he should "go back home" and that he doesn't "look like you're from around here." The 60-second spot was pre-released last week, just days after President Trump's order temporarily banning refugees and nearly all citizens from seven Muslim-majority countries.

Still, Budweiser vice-president Richard Marques acknowledged it would be "foolish" to think the current political environment isn't fuelling attention for the ad. Marques added that Budweiser as a beer brand is inherently bipartisan. METRO/THE ASSOCIATED PRESS

JOHANNA SCHNELLER WHAT I'M WATCHING

Some are better off un-dead

THE SHOW: The Santa Clarita Diet, Season 1, Episode 5 (Netflix)

THE MOMENT: The selfishness question

"You seem a little manic, honey," Sheila (Drew Barrymore) says to her husband Joel (Timothy Olyphant), who's typing away on a laptop.

They're sprightly real estate agents in the bedroom community of Santa Clarita, CA. Sheila is especially sprightly because a recent virus turned her into a powerful zombie.

"Well, I feel really manic," Joel replies. "There could be a cure. Don't you want to be cured?"

"Of course," Sheila says. "Although I do like the way I feel. I have endless energy, I get so much done."

"You eat people," he says.

"I know," she says. "But I'm so much more confident now. Our sex is incredible, and I can parallel park in one move."

"But you do want to be cured, right?" he repeats.

"Totally," she says. "Mostly."

All zombie stories are parables about consumption. The metaphor in this one is pretty good: People who are consumed with themselves can excuse all manner of selfishness as long as it makes them "better."

The seesaw bounce here from cutesy to gross-out is a bit obvious for me, but Barrymore and Olyphant are a charming comic team. I'll stick around for the next five half-hours to see where we land.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

Drew Barrymore and Tim Olyphant are a charming comic team in Santa Clarita Diet. CONTRIBUTED

Beware of those RRSP season myths

ADVICE

First thing to remember? An RRSP is not an investment

Gail Vaz-Oxlade
For Metro Canada

Each year when RRSP season rolls around we are inundated with articles and advertising: why you should have one and how best to use them to save for the future.

And yet there are some myths that still manage to hold ground.

Perhaps the biggest myth of all is that an RRSP is an investment.

I ask, "So what did you invest in this year?"

They say, "An RRSP."

I smile, "It's great that you put your money into an RRSP, but what investment did you choose?"

They, with quizzical looks on their faces, "What do you mean, I bought an RRSP. That's what I invested in."

Okay, here we go again: An RRSP is NOT an investment. It's a plan registration. Putting the RRSP plan number on the paperwork signals the Tax Man to keep his sticky paws off your money, at least until you decide to pull it out again.

Imagine that you have a ball, a box and an umbrella. The ball is your money. The box is the investment you're putting your money in. It could be a savings account. It could be a GIC. It could be a mutual fund, or individual stock or bond.

Gail Vaz-Oxlade describes an RRSP as placing a ball (your money) into a box (the type of investment you select) and sliding it under an umbrella to protect it . ISTOCK

> **Putting the RRSP plan number on the paperwork signals the Tax Man to keep his sticky paws off your money, at least until you decide to pull it out again.**

Okay, you've put the ball in the box. Now slide the box under the umbrella. There ya go — you've just put the money into an RRSP.

The problem for most people is that they rush to contribute to an RRSP before they've decided how they'll invest their money. So they put the ball under the umbrella first. Then later, they choose the box that best fits their ball.

What's important to remember is that until you choose a box, no money has been invested. While the money is under the umbrella, it's registered, but until you put that ball in a box, it's just sitting there earning not a red cent in return. You've saved it. But now you have to put those savings to work.

If you think that you have to be over the age of 18 to contribute to an RRSP, you've fallen prey to the second very popular myth. This misunderstanding comes about because TFSAs have an age restriction: You have to be 18 to put money in a TFSA.

But RRSPs do not have the same age restriction. Anyone in Canada who has earned income and has filed a tax return, regardless of age, has RRSP contribution room. That includes kids with a paper-route, those that baby-sit, and children who have promising modelling or television careers.

Even if there's little point in a kid claiming the RRSP deduction because the child owes little or no tax, the benefits of contributing to an RRSP makes the exercise worthwhile.

First there's the magic of compounding return. Second, since their RRSP tax deduction can be carried forward indefinitely, when she does start working full time, she'll have deductions she can use to offset the tax on her income.

That's a win/win.

For more money advice, visit Gail's website at gailvazoxlade.com

FRAUD

How to help your parents protect their money from scams

Our financial decision-making abilities peak in our 50s and can decline pretty rapidly after age 70, researchers tell us. That's how otherwise smart older people fall for sweepstakes frauds, Nigerian investment schemes and the grandparent scam, where con artists pretend to be grandchildren in a financial jam.

But few people want to hear that they're not as sharp as they used to be. Many won't recognize the rising risk of losing hard-earned life savings as they age, says financial literacy expert Lewis Mandell, author of What to Do When I Get Stupid: A Radically Safe Approach to a Difficult Financial Era.

"As our ability to make sound financial decisions decreases with age, our self-confidence in this area actually increases," Mandell says.

Adult children who want to protect their parents from fraud and bad financial decisions have to tread carefully, says Jessie Doll, wealth management adviser with TIAA in Fairfax, Virginia. Money may be a difficult subject, and parents may resent the interference or fear losing their independence.

It may help to frame the issue as one all of us will face if we live long enough. Talking about your own efforts to "future-proof" your finances can start the discussion of how they can defend their money against bad decisions and bad guys.

Together, parents and children can:

• Draft powers of attorney. Two documents everyone needs, regardless of age: a power of attorney for health care decisions and a power of attorney for financial decisions. This paperwork names the people we want to speak for us in case we become incapacitated.

We should be having discussions with whoever we name about our wishes and our financial situation, Doll says."Talking about it is opening the door to making this less of a taboo discussion," Doll says.

• Consolidate and simplify. One bank. One brokerage firm. Two credit cards, one for daily purchases and one for automatic bill payment. That's the prescription for simplified, consolidated finances that will be easier to track as we age, says financial planner Carolyn McClanahan, a physician and director of financial planning at Life Planning Partners in Jacksonville, Florida.

Having fewer accounts helps the fraud-sniffing software that banks and brokerages use to detect suspicious transactions, Doll says. "If the assets are all over the place, it's hard to establish a baseline so they can notice if something's amiss," she says.

• Stay in touch. Isolation is the fraudster's best friend. Scam artists don't want their victims to have a close circle of family and friends looking for signs of exploitation, says Sally Hurme, an elder-law attorney with AARP in Washington, D.C. Weekly calls to catch up and regular visits can help loved ones spot red flags, like a pile of sweepstakes offers or the investment salesman who's getting too friendly.

• Keep up to date on the latest scams. Criminals are endlessly creative. Some places to learn about their ever-evolving schemes include StopFraud.gov, AARP's Fraud Watch Network and the IRS, which offers consumers alerts and an annual list of the "Dirty Dozen" top tax-related scams. Discussing news reports about frauds, such as telephone imposters pretending to be IRS agents or Microsoft tech support, can help you keep relatives informed.

THE ASSOCIATED PRESS

$ MONEY

What parents can do:

- **Get more eyes on your money.** Financial institutions likely offer text or email alerts to notify you of unusual activity, and so do sites that provide regular looks at free credit reports.
- **Plan ahead.** Talk with your family about what to do if you show signs of diminished capacity but you don't know you are impaired.

THE ASSOCIATED PRESS

There are ways adult children can talk to their parents about the dangers of fraud and fishing schemes. THE CANADIAN PRESS

YOU CAN DO THIS CARTOGRAPHY

The importance of a really good map

WHY I LIKE MY JOB

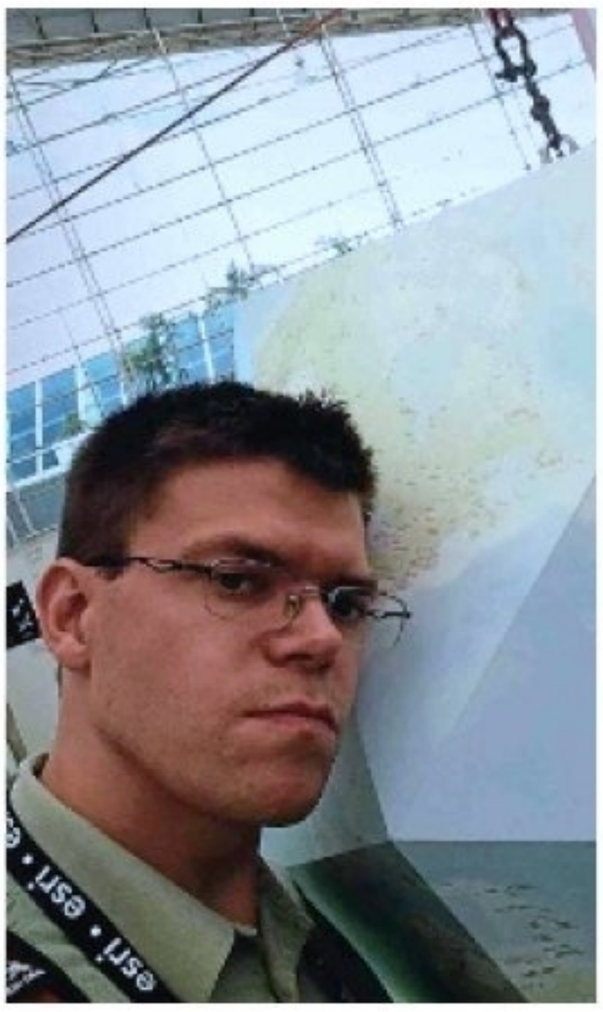
Mark Richardson, geomatics analyst specializing in cartography, Environment Canada, Ottawa.

When I was in high school, through a co-op program, I worked with some geologist who were studying meteorite impacts. I got early taste for using survey tools and seeing technology used to create 3D maps. It sparked an interest in me.

I went to Carleton University and specialized in geographic information services. I learned how to use the tools like GPS, understanding geographic concept — everything you'd learn in a geography degree. I also learned topographic principles and principles of displaying spatial information in meaningful ways — everything you need to know to know how to make a map.

I currently work with the wildlife service of Environment and Climate Change Canada. My job is to make it easy for policy makers to understand how what they're doing might affect the geography and local wildlife. For example, I might map where caribou migration intersects with proposed pipelines or prepare information for documents, such as mapping out protected areas or species that are in recovery zones.

I also have a night job where I create maps for board and role-playing games, and maps that would appear in novels and books. I really do love the challenge of trying to explain something complicated in a way that's visual and cohesive, which people may otherwise not understand. The best part of my jobs is getting exposed to interesting information and, of course, making maps.



THE BASICS: Geographic Information Systems Analysts

$57,807

Median annual salary for an intermediate-level cartographer. Those with advanced training and experience can expect to earn upwards of **$83,153.**

+14%

The average growth over the next **eight years.**

Data for this feature was provided by payscale.com, onetonline.org and ccaa-acc.org.

HOW TO START

At one time you could learn cartography through associations and on-the-job training, but most positions today require some form of post-secondary education. There are two streams people could pursue: Universities don't often have specific cartography and mapping training, but offer broader degrees in geography, geology and engineering. Students can then choose to focus in cartography. Colleges also offer specialized programs, typically with more hands-on training. Both streams explore photography, basic concepts of map-making, image rendering, and surveying, as well as mathematics and computer sciences (there's a fair bit of programming involved in some cartography jobs).

WHERE YOU CAN GO

Cartography jobs are common in big cities, but since all levels of government use mappers, there are jobs across the country. There are also plenty of opportunities in the private sector: With such a high premium on geo-tracking (mapping how things move about) right now, it's not uncommon to see positions with research marketing firms and tech companies. Resource-based companies, like mining or oil manufacturers, also regularly hire cartographers to help plan their operations. Finally research often makes use of mapping, so universities will often employ map-makers.

GIFTS

Tips for buying Valentine's Day jewelry

Shopping for jewelry for a loved one ahead of Valentine's Day can be stressful. But learning some tricks should help anyone have an easier time finding the perfect gift. That means understanding a partner's tastes, shopping at reputable jewelry stores and learning what the wording means in terms of how gemstones are graded.

And there's plenty of opportunity to haggle for the best price.

"It is a big time to buy jewelry," says Amanda Gizzi, a spokeswoman at the Jewelers of America, a trade association with more than 8,000 retail members. "There are some wonderful sales to be had. Look for the best pieces for your budget, but don't be dazzled by the discounts."

Above all, start researching with time to spare, figure out how much you want to spend, and shop to take advantage of post-holiday sales or limited-time Valentine's Day deals:

1. Know your loved one's taste

Look at what your partner is wearing and what's in the jewelry box. If your special someone likes small earrings, don't get big hoops. And if that person is active, don't buy rings with high settings, says Gizzi. Among the trends this year: updated classics like hoop earrings with diamond chips, or layering rings or bracelets. If you plan to buy diamonds, see if there's a way — subtly! — to find out if your partner would rather sacrifice size over quality or vice versa.

2. Learn the lingo

Check out sites like Jewelers of America and online retail sites like Blue Nile for help understanding key terms like what clarity means when you are talking about diamonds, or want to know more about how gemstones are graded. Bluenile.com, which has also begun opening in-person showrooms, offers tools to compare prices from 150,000 independently graded diamonds.

3. Fight fraud

First, be cautious about a store always offering discounts of more than 50 per cent. Consumers may find the discount price is actually the average retail price elsewhere, says the Jewelers of America. Buy from a trusted retailer. Ask friends for recommendations, or go to websites like the American Gem Society, which lets you search for reputable jewelry stores in Canada by province.

As for diamonds, consumers should insist a stone be accompanied by an independent grading report from a respected lab like the Gemological Institute of America, says Josh Holland, Blue Nile's director of brand experience.

Also, check out the return policy and find out whether you'd get your money back or would have to exchange an item for credit. And haggle — it's a common practice in the jewelry business, Glaser says.

4. Consider synthetic

If you want something sparkly but want to avoid gems from conflict zones, synthetic or man-made diamonds are about 20 per cent to 40 per cent less expensive, according to DealNews. Produced in a laboratory, they are chemically the same as mined diamonds, as opposed to simulated diamonds, which are usually cubic zirconia or moissanite. Pure Grown Diamonds, the world's largest distributor of them, has a directory on its website of stores by area code that offer lab-grown diamonds. While a gemologist wouldn't be able to tell the difference between mined and synthetic diamonds, a jeweller needs to tell buyers the origin.

THE ASSOCIATED PRESS

Two Blue Nile diamond heart pendants, one in 14-carat white gold, one in 14-carat rose gold, and a Blue Nile love necklace in 14-carat rose gold. CONTRIBUTED BLUE NILE VIA AP

Careers DIGEST

MOVIE

Dog's Purpose video was 'misleading,' watchdog says

Video that appeared to show a frightened German shepherd being forced to swim during filming of A Dog's Purpose was "deliberately edited for the purpose of misleading the public and stoking outrage," according to the watchdog organization that certifies that "no animals were harmed" during TV and movie shoots.

The minute-long clip showed a trainer trying to put a resistant German shepherd named Hercules into a turbulent pool and the dog scrambling out. A subsequent scene showed the dog becoming submerged in the water for several seconds as trainers shout "Stop!"

American Humane says the two scenes shown in the edited video were filmed at different times and that the first scene was stopped after the dog showed signs of stress.

It says the dog was not forced to swim in the water at any time.

THE CANADIAN PRESS

CLOTHING

Nordstrom to drop Ivanka's line

Nordstrom will stop selling Ivanka Trump clothing and accessories, creating some questions about the future of the brand elsewhere.

The department store chain said the decision was based on the sales performance of the first daughter's brand. Neiman Marcus may be the next one to pull back on the label, as the branded jewelry is nowhere to be seen on the retailer's website.

Nordstrom said that each year the chain cuts about 10 per cent and refreshes its assortment with about the same amount. "In this case, we've decided not to buy it for this season," Nordstrom added.

THE ASSOCIATED PRESS

metro SPORTS

An unidentified bettor using his phone app put $1.1 million on the Atlanta Falcons (+3) to win the Super Bowl

An epic comeback

SUPER BOWL LI

Pats overcome 25-point deficit to capture fifth NFL title

Tom Brady led one of the greatest comebacks in sports, let alone Super Bowl history, lifting New England from a 25-point hole to the Patriots' fifth NFL championship in the game's first overtime finish.

The Patriots scored 19 points in the final quarter, including a pair of two-point conversions, then marched relentlessly to James White's two-yard touchdown run in overtime beating the Atlanta Falcons 34-28 Sunday night.

Brady, the first quarterback with five Super Bowl rings, guided the Patriots (17-2) through a tiring Atlanta defence for fourth-quarter touchdowns on a six-yard pass to Danny Amendola and a one-yard run by White, which came with 57 seconds remaining in regulation. White ran for the first two-pointer and Amendola did the deed with a reception on the second.

Brady finished 43-for-62, the most attempts in Super Bowl history, for 466 yards and two touchdowns.

"You know, we all brought each other back," Brady said. "We never felt out of it. It was a tough battle. They have a great team. I give them a lot of credit. We just made a few more plays than them."

Before the stunning rally — New England already held the biggest comeback in the final period when it turned around a 10-point deficit to beat Seattle two years ago — the Falcons (13-6) appeared poised to take their first NFL championship in 51 seasons. Having never been in such a pressurized environment, their previously staunch pass rush disappeared, and Brady tore them apart.

"Deflategate" far behind them, Brady and Bill Belichick won their 25th post-season game, by far a record. It's hard to imagine a tenser victory.

Belichick became the first coach with five Super Bowl crowns.

The Patriots won the coin toss for overtime and it was no contest. Brady completed six passes. A pass interference call took the ball to the 2, and White scooted to his right and barely over the goal-line.

His teammates streamed off the sideline to engulf White as confetti streamed down from the NRG Stadium rafters.

THE ASSOCIATED PRESS

Tom Brady and the Patriots celebrate after scoring the championship-winning touchdown. JAMIE SQUIRE/GETTY IMAGES

SUNDAY In Houston

34	28

DAVIS CUP

Canada defaults final match after umpire hit in eye

Denis Shapovalov hung his head after hitting a ball that struck chair umpire Arnaud Gabas in the eye on Sunday at TD Place.

LARS HAGBERG/AFP/GETTY IMAGES; ANDRE RINGUETTE/GETTY IMAGES FOR LTA

Denis Shapovalov says that he's ashamed and embarrassed for his actions that caused a Canadian defeat at the Davis Cup.

The 17-year-old saw his Davis Cup action come to an abrupt end Sunday when he hit the umpire with an errant ball.

Shapovalov was automatically defaulted under tennis rules, allowing Britain's Kyle Edmund to earn an easy 6-3, 6-4, 2-1 victory and 3-2 series win. Britain advances to the Davis Cup World Group quarter-finals as the winner of the tie.

Shapovalov of Richmond Hill, Ont., was remorseful and emotional while addressing the media.

> **Obviously this is unacceptable behaviour from me.**
> Denis Shapovalov

"Obviously this is unacceptable behaviour from me," Shapovalov said. "I just feel awful for letting my team down, for letting my country down, for acting a way that I would never want to act.

"I can promise that's the last time I will do anything like that."

The crowd of 7,497 at TD Place was stunned when Shapovalov, who had just been broken by Edmund and was disappointed with a shot, took a ball out of his pocket and hit it in frustration. Umpire Arnaud Gabas of France had swelling and bruising under his left eye and was taken to Ottawa General Hospital for a precautionary evaluation. THE CANADIAN PRESS

IN BRIEF

Homan returns to Scotties

Two-time Canadian champion Rachel Homan earned the final spot in the Scotties Tournament of Hearts on Sunday.

Homan's Ottawa team claimed the Ontario Scotties provincial women's title, beating Jacqueline Harrison of Mississauga, Ont., 7-4 in the championship final.

The Scotties national championship runs Feb. 18-26 in St. Catharines, Ont.

THE CANADIAN PRESS

St-Gelais wins two more medals on the short track

Canadian speedskater Marianne St-Gelais capped her weekend at a short-track World Cup event with two medals on Sunday, including gold in the women's 500-metre final.

St-Gelais of Saint-Felicien, Que., who also won gold in the women's 1,000 on Saturday, led Sunday's 500-metre race from start to finish. She earned her second medal of the day by helping Canada's 3,000-metre relay team to bronze.

THE CANADIAN PRESS

Sick Lowry boosts Raptors over Nets

Kyle Lowry played through illness and injury to finish with 15 points, 11 rebounds and 11 assists for his ninth career triple-double, and the Toronto Raptors beat the Brooklyn Nets 103-95 on Sunday.

The Raptors won for just the third time in 11 games.

THE ASSOCIATED PRESS

Oilers score game's only goal in shootout, beat Habs

Leon Draisaitl was the lone scorer in a shootout as the Edmonton Oilers ended a three-game losing run with a 1-0 victory over the Canadiens on Sunday in Montreal.

THE CANADIAN PRESS

Matsuyama successfully defends Phoenix Open title

Hideki Matsuyama won the Waste Management Phoenix Open on the fourth hole of a playoff for the second straight year, outlasting Webb Simpson on Sunday at TPC Scottsdale.

THE ASSOCIATED PRESS

MAKE IT TONIGHT

Sweet Apple Chicken Curry

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

The sweetness of the apples in this hearty chicken curry are the foil its heat.

Ready in 20 minutes
Prep time: 20 minutes
Serves 4

Ingredients
- 1 cup basmati rice
- 2 chicken breasts, cut into bite-sized pieces
- 1 Tbsp vegetable oil
- 1 onion, sliced
- 2 garlic cloves minced
- 1-2 tsp curry powder or paste
- 1 tsp soy sauce
- 2/3 cup of coconut milk
- 2/3 cup of chicken stock
- 1 large apple, peeled and sliced into thin wedges
- 1 cup of frozen peas
- 1/4 cup of plain yogurt

Directions

1. Prepare rice according to package instructions.

2. Brown the chicken in a bit of vegetable oil in large skillet. Add the onions and cook for about 5 more minutes. Then add the garlic and the curry and cook for another minute.

3. Add the coconut milk, chicken stock and soy and stir together.

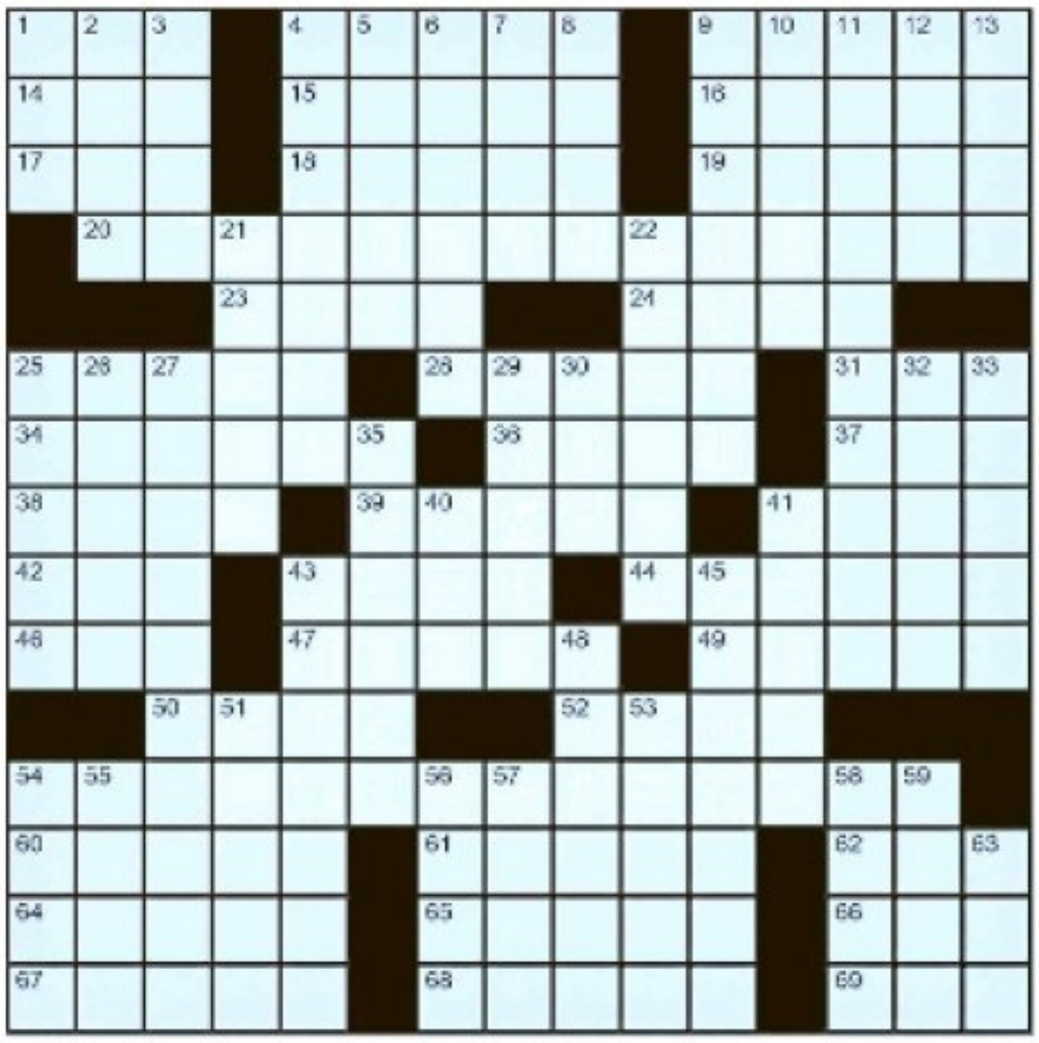
4. Add the apple pieces and simmer for 5 minutes. Add the peas and allow them to warm through. Check to see that the chicken has cooked through.

5. Serve the curry over rice and top it with a bit of yogurt.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. School of thought
4. Social finesses
9. Handles a rosary
14. Andy Capp's wife in comics
15. Boise's state
16. Items on acting resumes
17. _-in-law
18. Adjusted, as pitch
19. Ms. Fitzgerald's
20. Ice Age creatures in Canada: 2 wds.
23. "The Godfather" (1972) role
24. France/Belgium river
25. Highlights and hues establishment
28. Mother-of-pearl
31. Trousers split
34. Gene Kelly movie, "Anchors _" (1945)
36. Wild pig
37. Rec. label for The King
38. Ground
39. Mr. Arkin's
41. Lethbridge-born actor Conrad of "Diff'rent Strokes"
42. Work unit
43. Legal document
44. Lessen, like laundry
46. Adjust
47. Woodworking tools
49. "Weird Science" by _ Boingo
50. Bigger than big
52. "Freeze!"
54. Circa 1911 oil on paperboard Emily Carr painting which she did in France when studying art there: 3 wds.
60. Dust-up
61. Brick wall plants
62. Away
64. Quaintly bless with oil
65. 1000 kilograms
66. Santa _, California
67. More dry
68. Chef on "The Muppet Show", for one
69. Mal de _ (Seasickness)

DOWN
1. Suppositions
2. Not fast
3. Pre-stereo
4. Giving a book it's name
5. Grown-up
6. 1970 Joni Mitchell album: 'Ladies of the _'
7. Us not
8. _ biscuits
9. Manitoba or Alberta or Quebec chief
10. Chocolate-coated caramel candies
11. ATV = _-_ Vehicle
12. Sure, casually
13. Slitherer's sounds
21. Elliptical
22. Quagmire
25. Bargains
26. On the ball
27. Extension = Hair _
29. Taper off
30. Debating side
32. Cake topper
33. Breadcrumbs of Japan
35. Solidify
40. Ms. Taylor, to pals
41. Water filter company
43. Wild West trail commuter
45. The Pope's jurisdiction: 2 wds.
48. Sacred structure
51. Handy
53. Rectify
54. Arm: French
55. Germanic letter
56. Is the right clothing size
57. Profess
58. Rove
59. Sandy mound
63. Road surfacing

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Today you're full of bright, genius ideas because you can think outside the box. Write them down so that you can ponder them later.

Taurus April 21 - May 21
Keep an eye on your money scene, because something unexpected could affect your finances and earnings. Be vigilant; do not shoot from the hip.

Gemini May 22 - June 21
Make sure you know what you want to do today, because you are a bit impulsive. At the same time, you're also a bit indecisive. Yikes! That's a bad combo. Tread carefully.

Cancer June 22 - July 23
Today you feel restless and mildly indecisive. Don't worry, because late in the day, the Moon will move into your sign and you will know what you want to do. Be patient.

Leo July 24 - Aug. 23
A female friend might surprise you today by saying or doing something that catches you off guard. Nevertheless, you will be entertained! (Oh yes.)

Virgo Aug. 24 - Sept. 23
Relationships with a boss or parent will hold a few surprises for you today. Don't hold someone to what he or she impulsively says. Don't quit your day job. Wait until the dust settles.

Libra Sept. 24 - Oct. 23
Travel plans will be interrupted today by silly circumstances and delays. Let the chips fall where they may, and then decide what to do afterward.

Scorpio Oct. 24 - Nov. 22
This is a poor day to make important decisions about inheritances and shared property. Nevertheless, something unexpected will call your attention to these matters.

Sagittarius Nov. 23 - Dec. 21
Partners and close friends are unpredictable today. This means you have to just take it easy and go with the flow. By evening, you will know which way the wind is blowing.

Capricorn Dec. 22 - Jan. 20
Your work routine will be interrupted today with numerous matters that occur out of the blue. Don't overreact. Everything will settle down by the end of the day.

Aquarius Jan. 21 - Feb. 19
This is a mildly accident-prone day for your kids, so this means you must be vigilant. Meanwhile, social activities might change or be cancelled.

Pisces
Feb. 20 - March 20
Something at home is not reliable today. A female family member might be upset. Just bide your time, because by evening, all is well.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

			6	9	2			
		6			4			
	8			7				
5				6				
6				8			9	7
4					3	2		8
	1							5
		9					1	
			1	4	9	6		

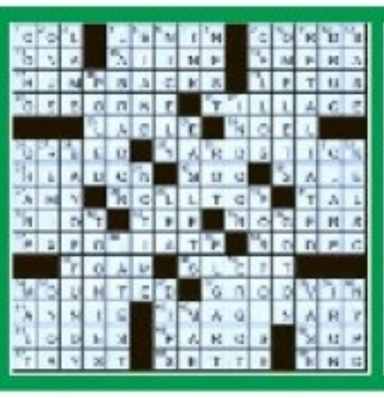
©2014 Conceptis Puzzles, Ltd. by King Features Syndicate, Inc.

DOWNLOAD METRO'S NEW APP NOW
OFFLINE READING
•LOCAL NEWS • VIEWS •LIFE • SPORTS
>>>

FRIDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



9	2	6	3	5	4	8	1	7
5	3	8	9	1	7	4	2	6
7	1	4	2	6	8	5	9	3
4	6	1	8	2	9	3	7	5
2	8	7	5	3	6	9	4	1
3	9	5	7	4	1	2	6	8
8	7	3	6	9	2	1	5	4
1	5	9	4	7	3	6	8	2
6	4	2	1	8	5	7	3	9

Justice for Janitors

SEIU Local 2

Do you work as a cleaner in Ottawa?

Do you get regular pay increases?

Sick days?

Isn't it time your voice be heard at work?

SEIU Local 2

613-295-6775

JusticeforJanitors.ca

Stronger Together!